

# Experience Japanese Culture

Understand more about the unique Japanese traditional culture.



**Tour 1**

## Snow Monkey Hotsprings and Zenkoji Temple

Including a Japanese lunch at Obuse



**Date** Every Tuesday and Thursday from January 8th to February 28th. Depart Hakuba 8:00am return to Hakuba approx 5:00pm.

Pick up at Hakuba Tokyu Hotel and Happo Information Center. We recommend wearing warm clothing and waterproof shoes. It is about 30 minute walk from the car park area to the snow monkey location.

**Price** Adults **10,000yen** Children 3-11 **8,000yen**

Obuse is a small town. It is mostly known for its famous former resident: the Japanese woodblock painter Hokusai. Three major museums in the town are dedicated to this artist.

In winter the valley is covered with a blanket of snow and the temperature drops as you go deeper into it. In fact it gets so cold that the monkeys will sit in the hot spring water pool for long periods.

One of the most visited temples in Japan, Zenkoji was founded 1400 years ago and stories, what many believe to be the first Buddhist statue ever brought to Japan.



**Tour 2**

## Japanese Cultural Experience

Including a delicious Japanese lunch



**Date** Every Tuesday from January 8th to February 26th. 9.00am Pickup at your accommodation. 1.30pm arrive back at your accommodation.

**Location** Close to Hakuba Iwatake at Shoya Maruhachi. Experience kimono, origami, and tea ceremony. Half day tour includes delicious Japanese lunch.

**Price** **8,000yen** including tax. Minimum of 2 guests required to run the tour.

The culture of Japan has evolved greatly over millennia, from the country's pre-historic Jomon culture to its contemporary hybrid culture, which combines influences from Asia, Europe and North America.

Some famous Japanese cultures are Ikebana, origami, kabuki, tea ceremony, rakugo, budo, and traditional architecture as well as Japanese cuisine.



**Tour 3**

## Japanese "Shojin-ryori" Lunch and Calligraphy at Zenkoji Shukubou

**Date** Every Sunday from January 20th to February 24th.

**Price** Adults **6,000yen** Children 7-11 **5,000yen** \*Minimum of 8 guests required to run the tour.

**Schedule** Depart hakuba at 8:00am. pick up at Hakuba Tokyu Hotel and Happo Information Center - Arrive Zenkoji "Fuchinobou Shukubou"- Arrive Hakuba 2:00pm.

At Fuchinobou Shukubou • Experience Calligraphy • Shojin-ryori Lunch • Zenkoji Guiding Short tour

**How to book (All Tours)** Please book the day before departure up to 1:00pm (4:00pm for Japan Cultural Experience) at either Hakuba Sanroku Tours located near the main Hakuba train station or through your accommodation.

Shukubou means temple lodging. There are 39 of these shukubou in Zenkoji Temple. Each shukubou has their Odo and Jushoku priest.

Shojin Ryori is vegetarian food. Buddhist monks are prohibited from killing and eating all kinds of meat. Shojin Ryori is cooked with only cereals, beans and other vegetables.

Japanese calligraphy (書道, shodou) is a form of calligraphy, or artistic writing, of the Japanese language.



**Call Hakuba Sanroku Tours: 0261-72-6900 for bookings**

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